

Pre-Post Test Green Mindset Framework

Please read carefully the questions below and answer only one answer in each question, unless otherwise indicated.

- 1. Environmental impact can be best understood as:**
 - a. The negative impacts of human activities on the environment.
 - b. Any change to the environment, whether adverse or beneficial, resulting from human activities.
 - c. The consequences that environmental degradations and climate change have on the human population.

- 2. How will you best define a person with a Green Mindset?**
 - a. They take care of the environment in their daily life by not disposing plastic on the ground, avoiding using too much water, recycling, or using the bicycle instead of their car.
 - b. They are environmental experts that know the concepts and theory about environmental and climate change issues, leading environmental protection at local and global level.
 - c. They are aware of the main environmental problems, global and local, that affect them, and they are willing and committed to take action to solve those environmental problems.

- 3. Indicate which answer is correctly identifying some of the main global environmental problems:**
 - a. Climate Change, Deforestation, Desertification, Air Pollution, Plastic Pollution, Biodiversity Loss.
 - b. Climate Change, Deforestation, Agriculture, Desertification, Air Pollution, Plastic Pollution, Nuclear Energy, Biodiversity Loss.
 - c. Climate Change, Deforestation, Desertification, Transportation, Air Pollution, Plastic Pollution, Industrial development, Biodiversity Loss.

- 4. How many Planet Boundaries have been crossed as of 2023?**
 - a. 3 out of 7
 - b. 3 out of 9
 - c. 6 out of 9

- 5. Do you think the actions you do in your daily life have an impact on the environment?**
 - a. Yes, but not a lot because I'm just one person.
 - b. Yes, my daily activities have an impact on the environment (when I buy food, when I use a car or motorcycle, when I buy products with plastic, etc) and the decisions I take can reduce it.
 - c. No, my actions are not having an impact on the environment because I'm just one-person, big companies are creating environmental impact.

6. Sustainable development takes into account three aspects environmental, social and economic aspects. Which one is more important?

- a. Economic development and the income we get is the most important, without earning money we can't take care of the rest of the elements (environment or social considerations).
- b. The environment, without a healthy environment economic and social aspects can't be taken care of.
- c. The three aspects are equally important, gain an income, protect the environment and social protection, which should be balanced.

7. What are green skills (as defined by SC)?

- a. Those skills that will help me access and perform green jobs as well as to make sustainable consumption and lifestyle choices everyday.
- b. Those technical skills that will help me perform green jobs, such as installation and repair of renewable energy systems, waste management or sustainable agriculture practices.
- c. Those skills that will help me to improve the environmental solutions I apply in my work or occupation.

8. In my relationship with nature, I recognize the importance of respecting and protecting the natural world and all living species:

- a. However, human needs should be met regardless of the impact on plants, animals, insects, and mammals.
- b. All plants, animals, insects, and mammals deserve protection, respect, and a healthy planet, except when humans need to develop businesses to benefit from them.
- c. All plants, animals, insects, and mammals deserve protection, respect, and a healthy planet.

9. What is the main difference between climate change mitigation and climate change adaptation?

- a. Climate change mitigation focuses on using renewable energy (such as solar systems) and climate change adaptation focuses on adapting the climate to human needs.
- b. Climate change mitigation focuses on reducing greenhouse gases in the atmosphere, and climate change adaptation focuses on actions communities can take to adapt to a changing climate.
- c. Climate change mitigation focuses on weather modification and climate change adaptation focuses on measures to reduce the impact of natural disasters on humans.

10. Can you indicate which of the following environmental problems is a direct consequence of climate change? (tick all that apply)

- ☐ Plastic pollution
- ☐ Ocean acidification
- ☐ Chemical contamination
- ☐ Global raising temperatures
- ☐ Decrease of fish stocks

11. Which of the following sentences is true:

- a. A balance between nature-based solutions and technological solutions needs to be promoted in order to solve environmental problems, including climate change.
- b. Technological solutions (such as the use of renewable energy systems) are the best and most efficient way to solve environmental problems, including climate change.
- c. Nature-based solutions are the best and most efficient way to solve environmental problems, including climate change, as technological solutions are polluting the environment.

12. What is a conscious consumer?

- a. A person who consumes regularly and consciously.
- b. A person who thinks how the things he or she buys affects the environment or the climate, trying to reduce the impact caused.
- c. A wealthy person who buys certified sustainable products.

13. Which are the two main ways green jobs (as defined by SC) benefit the environment?

- a. Jobs that reduce greenhouse gases and waste.
- b. Jobs that either provide products/services that benefit the environment or are created/delivered with a low impact on the environment.
- c. Jobs that provide decent working conditions and provide green products or services.

14. Are you motivated to take action in any of the following areas? (tick all that apply)

- ☐ Reducing my environmental impact in my daily life (for example not littering the environment, using low polluting ways of transportation like bicycle or public transport, recycling the waste, etc)
- ☐ Taking into consideration the environmental impact of the products I buy (for example organic vegetables, products without plastic packaging, etc)
- ☐ Engaging in environmental/climate action in my community
- ☐ Volunteering in an environmental organization
- ☐ Looking for opportunities to have a green job or develop a green business
- ☐ None of the answers seem applicable to me

15. Next time I'll go to the market, I'll...

- a. Buy the same products as I usually do
- b. Look for products that are considering environmental issues in their production (for example, organic products, products with less plastic), and buy them if I can.
- c. Look for imported products as they are of higher quality

16. At my work...

- a. I will act as always, because I'm not convinced that I have any environmental responsibility at my work or workplace
- b. I will try to reduce my own environmental impact.
- c. I will try to reduce my own environmental impact and promote environmentally friendly practices within the business, whenever possible.